
Grits

cooking grits - kaholee - grits ¼ cup 1 cup 7 cups (half bag) 14 cups (full bag) salt (optional) dash ¼ teaspoon 1 tablespoon 2 tablespoons 1. in a heavy saucepan, slowly stir grits and salt into briskly boiling water. 2. reduce heat to medium-low, cover. cook 5 to 7 minutes or until thickened, stirring occasionally. remove from heat. **shrimp & grits recipes from charleston's best restaurants** - to make the grits cakes: place grits and water in a pot and cook on high until grits are finished, about 5-7 minutes. add jalapenos. pour into a small tray or mold and place in the refrigerator to harden. to make the shrimp and sauce: in a saute pan, melt butter and add green onions, prawns, ham and old bay. **grits - confidentiality policy 2013 final** - grits - confidentiality policy 2013 final 4 12/9/13 the department's notice will automatically terminate the user's registry access. if the user chooses to appeal, the department's hearing officer will hold a hearing after sufficient notice is given to both parties. registry access may be restored upon compliance with the terms of

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